

Milwaukee High School of the Arts

2010-2011

Student-Athlete Handbook

**John Pitta
Athletic Director**

***Bill Molbeck, CAA*
Commissioner of Athletics**

A Letter from the Commissioner

Thank you for making the decision to support your children in their choice to participate in MPS Interscholastic Athletics. You will learn much from the information contained in this Handbook. It is intended to be informative, but not overwhelming.

As you and your family enter the athletic arena, there are several points that I want to stress in order for your experience to be as fulfilling as possible. First, it is very important that all of the information needed in order for your son/daughter to be involved in interscholastic athletics is submitted to the Athletic Director at their school of attendance **before** the starting date of the season. This will ensure that your son/daughter will have the full benefit of early season practices. Second, please remember that the Athletic Director at the school is your first point of contact regarding athletic issues. If you have questions, call the Athletic Director first.

While we want your son's/daughter's athletic experience to be a positive and fun-filled part of high school, we do realize that there may be times when disciplinary measures may be necessary. In those cases, the courts have held that participation in athletics is a privilege, and not a right. Therefore, disciplinary action can often be taken more quickly than in other circumstances.

We want you and your children to have fun in athletics. We encourage your attendance at all athletic events and your involvement at the school level as an active booster of your high school. We urge that you read and discuss the Code of Sportsmanship as a family so that everyone understands proper behavior at games and contests.

Finally, as you will read in the philosophy statement, the primary purpose of high school athletics is education. We do not support a win-at-all-costs attitude and urge our coaches to make appropriate educational decisions.

If you have any questions, you can reach me at 414-475-8219. My office will do whatever it can to try to help you with your questions and problems.

Thank you for your support! Have fun! We'll see you at the games!

Bill Molbeck, CAA
Commissioner of Interscholastic Athletics

Philosophy Statement

Welcome to the exciting world of MPS athletics! Any program, in order to be effective, must have a philosophy that drives the decision-making process and provides focus and direction to the program. MPS athletics is no different in this regard. In fact, the closer that we adhere to our philosophy, the more effective our program will be and the clearer the direction will be for everyone involved in our athletic program.

The philosophy of MPS is two-fold. One, the program is an extension of the educational process. As such, all decisions must be made in light of how those decisions will teach our student-athletes to contribute positively to their own growth and to the growth of any community in which they function. Interscholastic athletics is not solely a recreational program. It is a specialized sports program which ought to be designed to teach the same positive values promoted in the classroom, but placed into a practical setting.

Two, it must be understood from the onset that we coach students. We do not coach sports. The various sports available are only vehicles that we use to teach the values mentioned above.

The MPS athletic philosophy, in practical use, means that every decision made must take into account the educational value to the student. From role-modeling on the part of the coach to equal treatment of all players, a "win-at-all costs" attitude simply has no place in MPS athletics. Decisions made only for purposes of winning the game that inherently have no educational value cannot be tolerated.

Our responsibility is to try to give our athletes the best we can. That means consistently challenging them to do their best while we are constantly striving to improve ourselves so that we have the best to offer to them.

If we can all work together towards these goals, our program will continue to improve. Our athletes deserve the best that we can give them. I know that your dedication and commitment will help us move forward.

- I. All athletes must comply with all current rules as established by the following groups:
- A. Department of Public Instruction
 - B. The Wisconsin Interscholastic Athletic Association (WIAA)
 - C. The Milwaukee City Conference and Milwaukee Public Schools (MPS)
 - D. The individual school
 - E. The individual coach (Athletes are expected to obey in-season training rules as established by their coaches. Coaches will notify athletes in writing of training rules and disciplinary measures to be used for rules infractions prior to the season opening.)
- II. City-Wide Athletic Rules and Regulations
- A. Eligibility - Scholarship
 1. To compete in interscholastic extracurricular activities, athletics, or academics, third and fourth year students must maintain a minimum 2.0 grade point average in addition to other eligibility requirements. First and second year students must meet only WIAA eligibility requirements of having received no more than one failing grade in the previous mark period.
 2. Students below the required academic standard as determined by the previous marking period grades may continue to practice with their teams at the discretion of the coach, until they are re-certified in accordance with the applicable academic standard for the current marking period.
 3. A student must meet WIAA and MPS requirements that all participants must be full-time students. In MPS a full-time student is defined as:
 - a. A student who is scheduled for four (4) periods of class while attending a school with eight (8) periods of class; or
 - b. A student who is scheduled for three (3) blocks of class while attending a school with a four (4) block system.
 - B. Eligibility - Transfers
Refer to WIAA, "High School Athletic Eligibility Information Bulletin"
 - C. Eligibility - Students will be declared ineligible according to WIAA guidelines if they:
 1. Participate in all-star activities;
 2. Compete on a non-school team in the same sport while they are participating on their high school team;
 3. Accept merchandise or cash in any way connected with their athletic ability or reputation;
 4. Attend a school as a result of any undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.
 - D. Eligibility - Medical policies – **Prior to participating in interscholastic athletics**, students must have on file:
 1. Athletic Emergency Information Card
 2. Athletic Permit Card
 3. Physical Examination Card
 4. Name, policy number, and verification of current insurance carrier
 5. Verification that "Start Playing Safe" has been viewed for "informed consent" purposes.
 - E. Eligibility - Athletic Fee
 1. A non-refundable athletic fee of \$20.00 must be paid **prior to trying out or participating in any fashion in an interscholastic athletic program.**
 2. Students will be assessed an additional late fee of \$5.00 if fee is not paid prior to the first day of the WIAA season. (The late fee will be waived only for freshman athletes out for fall sports.)
 - F. Eligibility - Age
 1. Athlete may not be 19 years of age before August 1st.
 - G. Eligibility - Years in School
 1. An athlete is eligible only if attending no more than 4 years, or eight consecutive semesters of high school.

H. Eligibility - Insurance

1. The Board of School Directors requires that all athletes be covered by an accident insurance plan. Claims for expenses incurred as a result of injury related to participation in interscholastic athletics may not be made against the school or the WIAA.

I. Eligibility – Attendance

1. Athletes must be in attendance in school for the complete day on the day of an athletic contest or be legally excused in order to be eligible to compete in an athletic contest on that date.
2. Suspensions - Any student who is suspended for any part of the school day is considered ineligible to participate in any interscholastic contest while the suspension is in effect.

J. Uniform Policy

1. Athletes must return all uniforms and equipment issued by the school or the coach or athletic director within (5) five school days of the close of the season. No awards will be made and an athlete will be ineligible for further participation in athletics until all issued uniforms have been returned, or the school has been financially reimbursed for lost uniforms and equipment. Seniors with outstanding athletic uniforms or equipment will not be allowed to participate in commencement exercises nor will they be issued diplomas until the matter is cleared up.

K. Athletic Code of Conduct

1. Falsification of Records –

- a. A violation, resulting from a student or parent (guardian) falsifying records or information furnished a school, will cause that student to be ineligible in all sports for one calendar year from the date of last game or meet in which student participated.
- b. If a violation, resulting from a student or parent (guardian) falsifying records or information furnished a school, occurs prior to a student actually participating in a meet, it will cause that student to be ineligible for the season for which the infraction occurs.

2. Verbal abuse - The use of profane language will not be tolerated on the part of athletes. Penalties for infractions occurring outside contests should be determined by the coach and stated in writing. Penalties for infractions occurring during contests require a minimum of removal and benching for the remainder of that period (quarter, inning, etc.). During individual sports, minimum penalty is disqualification from the next scheduled event.

3. Hazing is prohibited for all interscholastic athletic activities. Participation in or unreported knowledge of hazing activities will result in one year ineligibility from date of incident.

4. Tobacco - Athletes must refrain **AT ALL TIMES** from the use of tobacco. A violation of this rule will result in disciplinary action by the individual school according to the following guidelines:

1st Offense: Suspension from athletics for six (6) school days to include at least one (1) athletic contest in the present season or in the athlete's next sport season.

2nd Offense: Suspension from athletics for forty-five (45) school days to include at least two (2) athletic contests in the present season or in the athlete's next sport season.

3rd Offense: Suspension from athletics for ninety (90) school days.

5. Intoxicating beverages/illegal drugs - Athletes must refrain **AT ALL TIMES** from using, possessing, buying, and/or selling intoxicating beverages or illegal drugs. This includes the use of anabolic-androgenic steroids and other performance enhancing substances (PES) listed in the Wisconsin Interscholastic Athletic Association pamphlet called "Performance-Enhancing and Banned Substances". (A copy of the flyer is located on page 11 & 12) A violation of this rule will result in disciplinary action by the individual school according to the following guidelines:

1st Offense:

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- a. Suspension from athletics for ten (10) school days to include at least one (1) athletic contest in the present season or in the athlete's next sport season if the offender agrees to seek assistance in the Student Assistance Program and to participate in the program, if necessary, until released by the Student Assistance Program director at the high school, or if the student is currently enrolled in the program.
- b. Suspension from athletics for forty-five (45) school days to include at least two (2) athletic contest in the present season or in the athlete's next sport season if the student does not agree to seek assistance in the Student Assistance Program.

2nd Offense:

- a. Suspension from athletics for forty-five (45) school days if the offender agrees to seek assistance in the Student Assistance Program and to participate in the program, if necessary, until released by the Student Assistance Program director at the high school, or if the student is currently enrolled in the program.
 - b. Suspension from athletics for one hundred-eighty (180) school days if offender does not agree to seek assistance in the Student Assistance Program. This action will be in addition to the procedures outlined in "Guideposts".
5. Engaging in any act in violation of, or subject to, penalty under Wisconsin State Statutes, will result in suspension from athletics for 25% of the season. If a student is not in a sports season at the time of the violation, or if the remainder of the season is not adequate to complete the suspension, the suspension will extend to the next sport the student successfully competes. A second offense will result in a suspension of 50% of the season. A third offense will result in a suspension of one calendar year. Excludes minor traffic violations.
 6. If any student engages in any other serious activity necessitating disciplinary action, the school will determine the appropriate sanction.
 7. Sportsmanship – A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet).
 8. Athletes may wear their athletic uniforms only while participating in sanctioned athletic contests. Exceptions to this rule may be made only by the Athletic Director.

L. Process for Appeal:

1. Disciplinary decisions made by coaches may be appealed to the athletic director of the school. Disciplinary decisions made by coaches and athletic directors may then be appealed to the principal of the school.
2. If a Code of Conduct violation has occurred, an attempt to contact the parents or legal guardian will be made within 24 hours. After a suspension is issued, a student and/or his/her parent or legal guardian may formally appeal the decision in writing to the principal. Appeals must be made within 14 days from the first day of notice to the parents.
3. Administrative decisions at the school level may be appealed to the Commissioner of Interscholastic Athletics.

MPS is committed to equal opportunity, non-discrimination, and an environment free of harassment (including sexual) for all individuals regardless of race, color, ancestry, religion, sex, national origin, handicap, age, sexual orientation, or status as a disabled or Vietnam veteran.

The Parent/Student Handbook on Rights, Responsibilities, and Discipline is prepared and published annually in August by the Office of Communications. All MPS households receive a copy via mail.

ATHLETICS

ELIGIBILITY RULES FOR MPS

Incoming 9th graders are allowed to compete during the first mark period without grade checking. At the end of the first mark period they join the rest of the high school students and are checked by GPA the same as the other athletes. This is the only exception to the following eligibility procedures:

1. These forms must be completed:
 - a. MPS Physical Examination card signed by a doctor. This form is good for 2 school years (if physical exam date is after April 1st).
 - b. Athletic Permit card signed by the athlete and parent. This form is good for 1 year. Health insurance name and policy number must be on this form for it to be valid.
 - c. Athletic Emergency Information card filled out and signed by a parent at the beginning of each season.
2. A \$20.00 athletic fee (check to MHSA) must be paid at the time forms are turned into the Athletic Director. All the items must be turned in together with the name of the sport written at the top of the permit card. Students will be assessed an additional late fee of \$5.00 if fee is not paid prior to the first day of the WIAA season. (Late fee will be waived for freshman athletes out for fall sports only)
3. To compete in interscholastic extracurricular activities, athletics or academics, third and fourth year students must maintain a minimum 2.0 grade point average in addition to other eligibility requirements. First and second year students must meet only WIAA eligibility requirements of having received no more than one failing grade in the previous mark period. At the discretion of the head coach an athlete may practice with the team while ineligible. This will only happen if the coach feels that the athlete will be able to comply at the next grade check. An athlete below the required eligibility standards may not compete.
4. Fifteen school days after the mark period eligibility date the athlete who did not meet the required standards on the report card may hand carry an athletic report sheet to each teacher for a progress grade. This sheet must be filled out in ink and returned to the Athletic Director. If the athlete meets the eligibility standards, the athlete becomes eligible to compete until the next eligibility date (the next report card).
5. Any student who is transferred for disciplinary reasons to another school must wait 90 school days before being eligible for athletic participation.

Forms may be obtained from the ATHLETIC DIRECTORS, COACHES, or during the summer on the counter in the main office. All forms should be completed and turned in to the Athletic Office (*room #*) before the start of the season. Forms and fee may be mailed to: (MHSA) c/o Athletic Director, Milwaukee High School of the Arts, 2300 West Highland, Milwaukee, WI (53208).

PLEASE MAKE CHECKS PAYABLE TO: (MHSA)

High School Athletic Eligibility Information Bulletin

To: Student-Athletes and Their Parents

From: Wisconsin Interscholastic Athletic Association and (School)___Milwaukee High School of the Arts

Your high school is a member of the Wisconsin Interscholastic Athletic Association. The following rules and regulations are developed by the member schools of the WIAA and govern the participation by boys and girls in school athletics and in some instances, impact upon sports activities outside the school.

This information bulletin is a **summary** of the WIAA OFFICIAL HANDBOOK as it pertains to those rules and regulations. Both student-athletes and their parents should have an understanding of these requirements. Equally important is that student-athletes and/or parents talk to their principal or athletic director if they have any question about these regulations. For additional information on Rules of Eligibility see the WIAA Handbook, or visit the WIAA website at www.wiaawi.org.

This bulletin does not discuss specific penalties for all violations. The reason is that penalties vary depending upon the nature of the violation. In addition, schools often have established penalties or periods of ineligibility which are greater than the minimum prescribed by WIAA rules.

There also are exceptions and other permissive provisions in some rules. Student-athletes and their parents should discuss all athletic eligibility related situations with the school principal or athletic director who, if necessary, will get a decision, interpretation, or opinion from the WIAA office.

Student-athletes, as well as parents are asked to read this bulletin, then sign it and have their signature statement (attached) on file at their school prior to practicing and competing.

These are WIAA eligibility rules:

AGE

A student shall be ineligible for interscholastic competition if he/she reaches his/her 19th birthday before August 1 of any given school year.

ACADEMICS

A student-athlete must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including incompletes) in the most recent school issued grade reporting period. Note: Some member schools adopt code and academic policies and other participation requirements which are more stringent than WIAA minimum requirements. In those instances the schools requirements prevail and must be applied as written.

ATTENDANCE

A student-athlete is eligible for interscholastic competition at a member school if he/she is carried on the attendance rolls as a duly enrolled full-time Grade 9, 10, 11 or 12 student in that member school. (Subject to satisfying all other eligibility requirements.)

Note: A full-time student is further defined as one where the member school is responsible for programming 100% of the student's school day. The student is eligible for like or similar awards, privileges and services as all the other students and meets all obligations and responsibilities as other students, without exception.

A. A student must complete eligibility in the four consecutive years starting with Grade 9 and the three consecutive years starting with Grade 10, unless there are documented extenuating circumstances and a waiver has been provided.

B. A student is ineligible if he/she has graduated from a school offering studies through Grade 12 or its equivalent.

C. A student who graduated in May or June retains eligibility for (a) any portion of a spring athletic schedule not completed by the end of the academic year and (b) the school's summer athletic schedule.

D. A student is ineligible if he/she has not been enrolled in some school by the 17th day of a semester or trimester, except upon request of a school in special cases involving sickness, accident, military service, social services assignment, e.g.

E. A student-athlete may not participate in school sports in more than four different years, and a student-athlete may not participate in the same sport more than one season each school year.

DETERMINING RESIDENCE FOR PUBLIC SCHOOL STUDENTS

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only at the school within whose attendance boundaries his/her parents reside, within a given school district, with these additional provisions:

A. Board of Education approved full-time student(s), paying their own tuition and residing full time with parents in their primary residence shall be afforded eligibility. Transfer students are subject to provisions outlined in the transfers section of this document and in the Senior High Handbook.

B. The residence of a student's guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.

C. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility, except in situations involving transfer after the fourth consecutive semester following entry into grade 9. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the transfer and/or waiver provisions as described in the WIAA HS Handbook.

D. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state and is enrolled in a district approved program may be eligible at either school (first priority to school of residence) but (a) may not participate at both schools in the same year and (b) academic ineligibility accompanies student upon transfer. Transfer restrictions may also apply.

E. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state or who is participating full time in a legislated open enrollment option must meet all statutory timeline requirements. This provision extends the opportunity to decline attendance at the new school and continue at his/her school of residence. If the student begins the school year at the new school and then transfers back to school of residence after attending one or more days of school or one or more athletic practices, he/she shall be subject to transfer provisions as outlined in the transfer Section of this document.

- F. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's attendance boundaries, provided enrollment is continuous (unbroken in that school).
- G. After a student-athlete has not participated and/or has had their eligibility restricted for one calendar year due to reasons relating to residence and/or transfer, he/she becomes eligible.
- H. A student-athlete will not be eligible if his/her attendance at a particular school resulted from undue influence (special consideration because of athletic ability) on the part of any person.

I. A student-athlete who has been declared ineligible at a school for disciplinary reasons, academic reasons or due to another State Association's provision retains that ineligibility status if he/she transfers to another school.

J. Except in situations involving transfer after a student's fourth consecutive semester, a full-time student whose residence in a given district and attendance at a member school does not conform with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers. Transfer students are subject to transfer provisions as outlined in the transfer section of this document and in the Senior High Handbook.

DETERMINING RESIDENCE FOR NONPUBLIC SCHOOL STUDENTS

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only if the student is residing full time with parents in their primary residence with these additional provisions:

A. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility except in situations involving transfer after a student's fourth consecutive semester. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year'. Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the waiver provisions as described in the WIAA HS Handbook under Waivers. Transfer restrictions may also apply.

B. Residing full time with guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.

C. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's traditional attendance area, provided enrollment is continuous (unbroken in that school).

D. Except in situations involving mid-year transfer and/or transfer after the fourth consecutive semester students attending member residential schools shall be eligible at the member school provided they reside at the school or reside full time with parents in their primary residence.

E. Except in situations involving transfer after a student's fourth consecutive semester, a full-time student attending a nonpublic school but not residing in accordance with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers.

TRANSFERS

A full-time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. **Transferring schools at any time may result in restrictions being imposed on eligibility, or in some cases a denial of eligibility.** For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' These additional provisions relate to transfer cases:

A. A student who transfers from any school into a member school after the fourth consecutive semester following entry into Grade 9 shall be ineligible for practice and competition for one calendar year, unless the transfer is made necessary by a total change in residence by parent(s). The calendar year (365 days) will be determined from a student's first day of attendance at the new school.

B. Open enrolled and/or tuition paying students entering 9th and/or 10th grade at the beginning of the school year and who are within the first four consecutive semesters of high school will be afforded unrestricted eligibility provided all other rules governing student eligibility are met.

C. Open enrolled and/or tuition paying students entering 11th and/or 12th grade as transfer students are ineligible to practice and/or compete for one calendar year.

D. 9th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved may be provided non-varsity opportunities for the remainder of the school year. Restrictions are removed upon entering 10th grade.

E. 10th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved may be provided non-varsity opportunities for one calendar year (365 days beginning with first day of attendance at the new school).

F. In the event of divorce or legal separation, whether pending or final, residence at the beginning of the school year shall determine eligibility for students entering 9th and/or 10th grade. In situations involving transfer after the fourth consecutive semester following entry into grade 9 the student is ineligible to practice and compete for one calendar year.

G. District policies with respect to intra-district transfer do not supersede WIAA transfer rules in situations involving post-4th semester transfers. Intra-district transfers occurring after the fourth consecutive semester following entry into grade 9 result in the student being ineligible for practice and competition for one calendar year (365 days beginning with first day of attendance at the new school).

H. Unless transfer, including an accompanying change of parents residence, is effective at the outset of a semester, a student cannot establish eligibility at his/her new school until the fifth calendar day of such transfer.

I. If within the first four consecutive semesters following entry into grade 9, a student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that current school year and will be eligible for nonvarsity opportunities only for the balance of the calendar year. In situations involving transfer after the fourth consecutive semester following entry into grade 9 the student is ineligible to practice and compete for one calendar year.

J. A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total move.

K. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction, retains such status at his/her new school for the same period as decreed by the former school.

L. No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

PHYSICAL EXAMINATION and PARENT'S PERMISSION

A student-athlete whether an adult or not, must have written permission of parents to participate in school athletics and he/she must have a physical examination (signed by a licensed physician or advanced practice nurse prescriber) every other school year.

A physical examination taken April 1 and thereafter is valid for the following two school years. Physical examination taken before April 1 is valid only for remainder of that school year and the following school year.

TRAINING and CONDUCT

A student-athlete must follow his/her school's code of conduct (training rules) on a year-round basis.

A. A student-athlete who violates his/her school's code of conduct during the season of a sport (start of practice to final game) must be suspended from competition for a period of time specified in the code (minimum of one meet) if the violation involves (a) possession and/or use of alcohol, (b) possession and/or use of tobacco, including chewing tobacco and (c) use, possession, buying or selling of controlled substances, street drugs and performance enhancing substances (PES).

B. The member school will determine minimum penalties for violation of any other provisions of its code of conduct, including out of season offenses and for any other unacceptable conduct contrary to the ideals, principals and standards of the school and this Association including but not limited to criminal behavior.

C. A student-athlete who violates his/her school's code of conduct at times other than during the actual season of a sport must be disciplined by the school, the nature of such discipline to be determined by the school as indicated in its code of conduct.

D. A student-athlete who violates any part of the school or WIAA's code of conduct resulting in suspension of WIAA-sponsored tournament competition must be immediately declared ineligible for the remainder of tournament series in that sport.

E. A student-athlete, disqualified from a contest for flagrant or unsportsmanlike conduct, is also suspended from the next competitive event.

F. A school must provide an opportunity for the student to be heard prior to a penalty being enforced. If a student appeals a suspension, according to the schools appeal procedure, the student is ineligible during the appeal process.

AMATEUR STATUS

A student-athlete must be an amateur in all recognized sports of this association in order to compete in any WIAA sport.

A. A student-athlete may not accept, receive or direct to another, reimbursement in any form of cash or merchandise such as shirts, jackets, sweaters, sweatshirts, jerseys, warm-ups, equipment, balls, duffle bags, backpacks, watches, rings, billfolds, coupons, gift certificates, regardless of their value for athletic accomplishments, such as being on a winning team, being selected for the school varsity team, or being a place winner in an individual tournament, e.g.

B. A student-athlete may receive awards for school achievement which are symbolic (non utilitarian) in nature – badges, certificates, trophies, medals, banners, ribbons, pictures, plaques, event T-shirts, event hats, game balls, unattached emblems, letters, season highlight DVD or video, e.g.

C. A student-athlete may not receive compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete. This includes receiving free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for all other participants.

D. A student-athlete may not be identified as an athlete, provide endorsement as an athlete or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan, or service.

E. A student-athlete may not participate in school athletics or in sports activities outside the school under a name other than his/her own name.

SPORTS ACTIVITIES OUTSIDE OF SCHOOL

A student-athlete in a given sport may not compete in that same sport outside of school either as a team member or an individual or independent entry during the same time he/she is participating with the school team.

A. WIAA rules do not prevent athletes from practicing with non-school teams or from receiving private skills instruction during the school season. However, they may not participate in any non-school games, including scrimmages against other teams.

(1) This restriction applies to normal non-school games as well as "gimmicks," such as reduced numbers competition (3-on-3 basketball, 6 player soccer, e.g.), specific skill contests (punt, pass, and kick, shooting contests, free throws, 3 point, e.g.), fun runs, etc.

(2) A student who was a member of a school team during the previous year may not delay reporting for the school team beyond the school's official opening day of practice in order to continue non-school training and/or competition.

B. During the school year before and/or after the school season of a sport, a student-athlete may participate in sport activities outside of school with these restrictions:

(1) A student-athlete must not participate in non-school programs, activities, camps, clinics and/or competition that is limited to individuals who are likely to be candidates for the school team in that sport in the following season.

(2) Non-school activities in which students are engaged may not resemble in any way a school team practicing or competing out-of-season.

(3) Non-school team rosters may not include more than the following number of participants from the same school: Volleyball, Hockey, Basketball - 3; Soccer - 6; Baseball, Softball - 5; and Football - 4

C. In the summer non-school roster restrictions are not in effect and members of a school's team may voluntarily assemble with their teammates (without school and/or school coach involvement) at their own discretion.

D. A student-athlete or his/her parents must pay the fee for specialized training or instruction such as camps, clinics, and similar programs.

E. A student-athlete may not be instructed except during the school season of a sport and approved summer contact days by the person who will be his/her coach in that sport in the following school season. The sports of baseball, cross country, golf, gymnastics, softball, swimming, tennis, track & field, and wrestling are exempt from this rule, BUT only (a) during the summer months and (b) if the program involved is not limited to individuals who are likely to be candidates for the school team in that sport in the following season.

F. A student-athlete must not participate in an all-star game or similar contest except for summertime activities (a) within the same league or program (e.g., softball game between divisions of same league) or (b) in which a team is selected to represent a league in postseason play (e.g., Babe Ruth league team). Some post-season all-star opportunities may be permitted for 12th graders who have completed high school eligibility in a particular sport. Check with your Athletic Director to be certain.

WARNING SIGNS AND SYMPTOMS OF STEROID USE

Possible Signs of Steroid Use:

“Puffy”, swollen look to the face

Acne; especially on shoulders, back or chest

Excessive time spent working out

Frequent nosebleeds

Frequent muscle cramps

Increased aggression and violence

Increased irritability

Periods of depression

Quick strength and weight gains

Wide mood swings

Possible Adverse Effects in Both Males and Females

Acne, especially on chest, shoulders and back

Addiction

Blood clots

Breast enlargement and pain (males)

Deepening of the voice (females)

Deformed sperm/possible birth defects (males)

Frequent Nosebleeds

Growth of permanent facial and chest hair (females)

Hardening of the arteries, higher cholesterol levels

Increased risk of heart attack, increased blood pressure

Increased violence and aggression/“road rages”

Increased risk of injury and slower healing time

Insomnia, restlessness, depression

Liver damage; including cancer

Loss of hair and partial baldness

Lowered sperm count/temporary sterility (males)

Menstrual irregularities (females)

Muscle tendon damage

Pain when urinating (males)

Reduction of breast size (females)

Shrinking of the testicles/sterility (males)

Stunted growth

Suicidal thoughts

Swelling of feet and lower legs

Unpleasant breath odor

EVALUATING ERGOGENIC AID CLAIMS

1. What is the source of the information?

- Peer-reviewed journal
- Magazine, newspaper or book
- Company selling a product

2. Who wrote the article?

- A professor or someone with a degree (Is the degree in a field related to sports medicine, nutrition or biochemistry?)
- Someone with credentials

- Not sure, article doesn't state

3. Critical analysis

- Does the product sound too good to be true?
- If a research study is cited, is it done on a healthy population or a diseased population, well-trained subjects or sedentary subjects, animals or humans, men or women?
- Does the dosage seem large or unsafe?
- Does the article make conclusive statements such as:

This supplement will make you lose weight?

- Does the product promise quick improvements in health or physical performance?
- Does the product contain some secret ingredient or formula?

- Are currently popular personalities or star athletes used

in its advertisements?

4. Is the product effective?

If it is still unclear whether the supplement is effective,

seek other sources of information such as more

articles on

the topic or opinions of professionals in the field of

nutrition

and exercise.

5. Is the product safe at the recommended dosages?

6. Does the product cause long-term health

problems?

7. Are possible side-effects identified?

8. Is taking the supplement ethical?

This is often a hard question to answer. The thrill of

competition

is to strive to be the very best, but does being the

very best mean enhancing your performance through

external

substances. The ancient Greek ideal and that of the

International Olympic Committee is that an athlete

should

succeed through their own unaided effort. Every

individual

must assess his/her ethical standards. But here are a

few questions to ask yourself:

- What is the policy of your team or the governing body for your sport?

- Is the substance banned from use during competition?

- Is taking a supplement cheating or giving you an unfair

advantage?

Wisconsin Interscholastic Athletic Association Performance-Enhancing and Banned Substances The WIAA is against the use of anabolicandrogenic steroids and other performance enhancing substances (PES).

Member schools shall devote time each year to positive programs which highlight prevention and education of the risks, benefits and adverse effects of PES. Coaches, teachers, sports medicine staff and school administrators who ignore or encourage the use of PES, provide and/or sell PES to athletes (including indirect distribution through a third party) shall be subject to their own school's provisions regarding discipline.

Provided by the WIAA and WIAA Medical Advisory Committee

Additional information may be obtained from the WIAA Medical Policies and Procedures Manual and the WIAA PES Power Point presentation.

Sources: NCAA Banned Drug List
Jane Foos, RD, CD, Red Cedar Clinic
Kevin Walter, MD, Dean Clinic
Iowa High School Athletic Association

A student-athlete is required to follow the school's code of conduct on a year-round (12 month) basis.

In-season violations of the school code will result in immediate

suspension of the student from interscholastic competition for no less than one day of competition (but not less than one complete game or meet) for acts (a) involving use of alcohol, (b) use, including chewing, of tobacco and/or (c) use, possession, buying, or selling of controlled substances, street drugs and banned performance enhancing substances (PES).

BANNED – Do not Use. Drugs that are illegal or could be harmful if taken in excess amount. **Possession and/or use violates**

WIAA Code.

- Steroids
- Androstenediol • Androstenedione
- Nor-Androstenediol • Nor-Androstenedione
- Dihydrotestosterone (DHT)
- Dehydroepiandrosterone (DHEA) (converts to androgens)
- Pro-Hormones - e.g. Tribulus Terrestris, aka-Puncture Vine, Caltrop Fruit (increase body production of testosterone)
- Pheromone (anabolic properties)

- Masking Agents (Diuretics)
- Peptide Hormones (EPO)

• Insulin

• Phenylephrine

• Ephedra, Ephedrine - e.g. Ma Huang, Synephrine, Seneca, Citrus Aurantium, Desert Herb, Mormon Tea, Sidi Cordifolia, Phenopropranolamine (PPA)

*Medications prescribed by an MD, used by the individual they have been prescribed to and used as prescribed should NOT be viewed as violating the controlled substance/supplement provisions of the school's code.

Additional examples of banned substances

Stimulants:

Amiphenazone Doxapram Phendimetrazine
Amphetamine Ethamivan Phenmetrazine
Bemigrade Ethylamphetamine Phentermine
Benzphetamine Fencamfamine PicROTOXINE
Bromantan Meclofanoxate Pipradol
Chlorphentermine Methylenedioxy- Prolintane
Cocaine methamphetamine Strychnine
Cropropamide (MDMA/ecstasy) and related
Crothetamide Methylphenidate compounds
Diethylpropion Nikethamide
Dimethyl- Pemoline
amphetamine Pentetrazol

Anabolic Agents:

Boldenone Gestrinone Oxandrolone
Clostebol Mesterolone Oxymesterone
Clenbuterol Methandienone Oxymetholone

Dehydrochlor- Methenolone Stanozolol
methyltestosterone Testosterone
Dromostanolone Methyltestosterone Tetrahydroges-
Epi-trenbolone Nandrolone trinone (THG)
Fluoxymesterone Norethandrolone Trenbolone

Diuretics:

Acetazolamide Ethacrynic acid Metalazone
Bendroflu- Flumethiazide Plythiazide
methiazide Quinethazone Spironolactone
Benzthiazide Furosemide Triamterene
Bumetanide Hydrochlorothiazide Trichlormethiazide
Chlorothiazide Hydroflumethiazide and related
Clorthialidone Methyclothiazide compounds

Street Drugs: Heroin, Marijuana, THC
(tetrahydrocannabinol)

Peptide Hormones and Analogues

Corticotrophin (ACTH)
Growth Hormone (HGH, Somatotrophin)
Human Chorionic Gonadotrophin (hCG)
Insulin-like growth hormone (IGF-1)
Leutenizin hormone (LH)

All the respective releasing factors of the above-mentioned

substances are also banned: Erythropoietin (EPO), darbypoetin, sermorelin

DISCOURAGED – Schools may not provide or allow in

connection to school's program. **Possession and/or use may**

violate school district policy or code. (Products may have unwanted side effects, be ineffective, not tested for long term safety, not recommended for youth, unethical to use)

- Creatine
- Caffeine-enhanced products – too much caffeine can cause jitteriness, nervousness, headaches, difficulty concentrating or sleeping, increased heart rate or blood pressure. Small amounts of caffeine can produce these effects in some people.
- Energy Drinks e.g. Red Bull, Amp, Advance by Powerade, Coke Blak
- Herbal Caffeine: Guarana, cacao, Kola, mate, cola nut, green tea extract, methylxanthine (chemical caffeine)
- Vivarin • No Doz
- AAKG • NO2
- Co Enzyme Q • Ginseng

- HMB • Pyruvate
- Protein Powders: Most diets supply adequate protein. However, in cases where athletes can't eat enough food or when protein needs are higher than normal limited supplementation may be needed. In these cases a physician or sport dietitian consultation may be helpful. If extra protein is needed read labels carefully. Protein powders may contain discouraged or banned ingredients.
- Amino Acids – BCAA's, Glutamine, Arginine
- L-Carnitine (amino acid derivative)
- Chromium Picconinate (peptide hormone, potentiate effect of insulin)
- CLA (conjugated linoleic acid "enhance muscle development")

STREET TERMS

(Office of National Drug Control Policy)

Drugs:

- Abolic (veterinary steroid)
- Androl (oral steroid)
- Anatrofin (injectable steroid)
- Deca
- "Arnolds", "Gym Candy", "Pumpers", "Roids", "Stackers", "Trainers", Weight Trainers" (steroids)
- "Georgia Home Boy" (Gamma hydroxybutyrate/GHB)
- "Stacking": taking steroids without a prescription, use of multiple PES

Androstenedione (or related compound):

e.g. 3-Andro Xtreme, Andro-Gen, Andro-Stack, Androstat, Animal Stak, Nor-Andro Ripped Fuel Stack, Nor-Stak, Nor-Tek

Creatine: e.g. Animal Max, ATP Advantage, Cell-Tech, Creaject, Crea-Tek, Creatigen, CreaVate, Mass Action, Phosphagen, SyntheVol, Torch

Ephedra (Ma Huang) See www.HealthyCompetition.org Sports Supplement Health Warning

PERMISSIBLE SUPPLEMENTS

Supplements that replace the calories, fluid, and electrolytes the body naturally loses during exercise

- Sport Drinks • Fitness Water
- Electrolyte Drinks • Sport Gels
- Sport Bars • Vitamins/Minerals
- Meal Replacement Drinks
- Meal Replacement Bars

Read product labels carefully. Some "permissible" products

may contain banned or discouraged ingredients. Due to lack of regulations product labels might not list all ingredients.

III. School specific information

- A. Athletic Philosophy/goals of athletic program
- B. Code of Sportsmanship
- C. Profile of _____ H.S. Athletic Program
- D. Standards of Conduct for Athletes
- E. Awards Requirements
 - 1. School
 - 2. Sport – must be presented to athlete in writing
 - 3. Special Awards
- F. Care of Equipment
- G. Contacting Your Athletic Director
 - 1. Athletic Office: Phone #: _____ Fax #: _____
E-Mail address: _____
 - 2. Office hours: _____
- H. Coaching Staff
- I. Eligibility Dates
- J. Miscellaneous
- K. Address of Home Athletic Sites
- L. WIAA Calendar

IV. NCAA Eligibility Standards

- A. See Athletic Director for Information

Left Blank on Purpose



**MPS-Department of Academic Excellence
OFFICE OF INTERSCHOLASTIC ATHLETICS**

WAIVER AND RELEASE OF LIABILITY AGREEMENT

In choosing to participate in the “_____” (hereinafter referred to as the “the Activity”), I fully accept and assume all risks, whether before, or during the “the Activity” and its related events. These include, without limitation, physical injury, mental injury, emotional distress, trauma, sickness, illness, death, contact with other participants, equipment failure, inadequate safety equipment, the effects of weather including extreme temperature or conditions. All risks are appreciated by me. I waive any and all specific notice of the existence of risks. I shall assume and pay my own medical and emergency expenses in the event of injury, illness, or other incapacity regardless of whether I authorized such expenses.

I realize that this activity requires good physical health and I represent that I am in sound medical condition capable of participating in this activity without risk to others or myself. I have no medical impediment that would endanger others or myself. I understand and agree that a situation may arise during “the Activity” which may be beyond the control of the sponsors, promoters or organizers.

Knowing these facts and in consideration of acceptance of my participation in “the Activity” and its related events, I for myself and anyone acting on behalf, release, waive, discharge, covenant not to sue and agree to hold the Milwaukee Public Schools and any of their agents, officers, directors, representatives and employees, harmless from any and all claims, demands and actions of any and every kind I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of or relating to any respect to my participating in “the Activity” and its related events. My waiver and release of all claims, demands, actions and liability shall include without limitation, any injury, damage or loss to my person or property which may be caused by any act or failure to act by the above-identified persons and entities. I further agree to indemnify and hold the parties released above harmless from any and all loses, damages, claims and expenses, including attorneys’ fees, arising from or relating in any respect to my participation in “the Activity”.

I have read this agreement, waiver and release, and agree to and accept its terms.

_____ Signature of Participant/Volunteer (Minor) Age (if Minor)	_____ Print Name	_____ Date
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_____ Signature of Parent/Guardian of Participant Minor	_____ Print Name of Parent/Guardian of Minor	_____ Date
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_____ Address	_____ City	_____ Zip
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Knowing these facts and in consideration of acceptance of my participation in “the Activity” and its related events, I for myself and anyone acting on behalf, release, waive, discharge, covenant not to sue and agree to hold the Milwaukee Public Schools and any of their agents, officers, directors, representatives and employees, harmless from any and all claims, demands and actions of any and every kind I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of or relating to any respect to my participating in “the Activity” and its related events. My waiver and release of all claims, demands, actions and liability shall include without limitation, any injury, damage or loss to my person or property which may be caused by any act or failure to act by the above-identified persons and entities. I further agree to indemnify and hold the parties released above harmless from any and all loses, damages, claims and expenses, including attorneys’ fees, arising from or relating in any respect to my participation in “the Activity”.

I have read this agreement, waiver and release, and agree to and accept its terms.

Signature of Participant/Volunteer (Minor)
Age (if Minor)

Print Name

Date

Signature of Parent/Guardian of Participant Minor

Print Name of Parent/Guardian of Minor

Date

Address

City

Zip

IV. **Milwaukee High School of the Arts specific information**

M. Athletic Philosophy/goals of athletic program

The athletic program at High School of the Arts is built around the philosophy that a strong program of student co-curricular activities is vital to the educational, social, and emotional development of the student. We believe that the athletic program should provide a variety of experiences to aid in the development of favorable habits and attitudes in students. It should offer opportunities to serve the school, to assist in the development of fellowship and goodwill, to promote self-realization and all around growth, and to encourage learning qualities of good citizenship. Athletics also play an important role in the life of High School of the Arts as the young people involved learn lessons in sportsmanship, teamwork, competition, and how to win and lose gracefully. Through participation in athletics, students develop a healthy self concept as well as a healthy body.

The athletic program shall be conducted in accordance with the existing W.I.A.A. and the MPS school board policies and procedures. SUCH PARTICIPATION IS A PRIVILEGE THAT CARRIES WITH IT RESPONSIBILITIES TO THE SCHOOL, THE ACTIVITY, TO THE STUDENT BODY, TO THE COMMUNITY, AND TO THE STUDENTS THEMSELVES.

John Pitta
Athletic Director
Milwaukee High School of the Arts

Code of Sportsmanship

WIAA and MPS CITY WIDE ATHLETIC CODE OF CONDUCT

Profile of MHSA/Pulaski H.S. Athletic Program

Boys: Fall-**Cross Country***, Football, Soccer
Winter- Basketball, Swim, Wrestling
Spring- Baseball, Golf, Tennis, Track

Girls: Fall-**Cross Country***, Swim, **Tennis***, Volleyball, Golf
Winter- Basketball
Spring- Soccer, Softball, **Track***

*** ALL SPORT ARE LEAD BY MHSA**

Standards of Conduct for Athletes

WIAA and MPS CITY WIDE ATHLETIC CODE OF CONDUCT

Awards Requirements

4. School: Each Coach must have on file in either Arts or Pulaski's AD office, the criteria for awards.
5. Sport – The athlete should be given in writing by the coach the awards criteria of that sport.
6. Scholar-Athlete Awards are determined by the athletic director. GPA is based upon the marking periods that are specific to that sport season only. Scholar-Athlete T-shirts are given to those athletes who maintain a 3.0 or above during their season, there is a limit of one t-shirt a year. Scholar-Athlete Patches are given to Student-Athletes who maintain a 3.5 or above during a sport season, once and athlete has received a patch, dots are given for each season after that in which the criteria is met.
7. Commissioner's Scholar-Athlete Award and MHSA Scholar-Athlete Medal are given to Junior's and Seniors only, who letter in a varsity sport, and have a cum GPA of 3.5 or

above. The Commissioner's award is given once per year; the MHSAA medal is given only one time in either the junior or senior season.

Care of Equipment

All equipment is the property of MPS and is to be turned in upon the end of the season to the head coach. If an athlete quits or becomes ineligible prior to the end of the season the equipment must be turned in immediately.

Contacting Your Athletic Director

Athletic Cell: Phone #:303-3090 Fax #: 934-7015
E-Mail address: pittajv@milwaukee.k12.wi.us

3. Office hours:

Coaching Staff

Directory of Coaches

Baseball	Coach Roman
Boys Basketball	Coach
Girls Basketball	Coach Brokmeier
Boys/Girls Cross Country	Coach Wojnar
Football	Coach Roman
Boys Soccer	Coach Benitez
Girls Soccer	Coach Benitez
Softball	Coach Brokmeier
Boys Swim	Coach Shareef
Girls Swim	Coach Shareef
Boys Tennis	Coach Aldrich
Girls Tennis	Coach Aldrich
Boys Track	Coach Garland
Girls Track	Coach Wojnar
Volleyball	Coach Brokmeier
Wrestling	Coach

Address of Home Athletic Sites

Sport	Field	Address
Baseball	Pulaski	2700 W. Oklahoma Ave.
Basketball(B&G)	Pulaski	2700 W. Oklahoma Ave.
Cross Country(B&G)	Jackson Park	3500W. Forest Home
Football	Pulaski	2700 W. Oklahoma Ave.
Soccer(B&G)	Pulaski	2700 W. Oklahoma Ave.
Softball	KK Field	2500 W. Oklahoma Ave.
Swim(B&G)	Pulaski Pool	2700 W. Oklahoma Ave.
Tennis (B&G)	Wick	4900 West Vliet
Volleyball	Pulaski	2700 W. Oklahoma Ave.

Transportation to and from practice

1. Your transportation method is determined by the address that MPS has on file for you.

There is a yellow bus transportation for practice for everyone once school starts. The bus meets the students in the front of the school on Highland and takes them to their practice site. This bus usually leaves by 3:53pm so you must be prompt in order to not miss the bus.

Those getting an All Day Bus Pass can catch the bus on the corner of 27th and Oklahoma to get home after practice. Please review the bus route that your son/daughter should take home from their practice site before the first day of practice to alleviate any problems they might have.

Anyone who is driving to and from practice and games must have a Parental Permission Slip for Alternate Transportation filled out and on file with both your coach and the Athletic Director. These forms are available from the Athletic Director and possibly your coach. A reminder for those students who will be driving, you are only allowed to drive yourself, no other student may drive to and from practice with you. Forms are due 24 hours before the date of the event if parents want to transport their son/daughter from an event.

Athletics

Eligibility Rules for MPS

Incoming 9th graders are allowed to compete during the first mark period without checking the grades. At the end of the first mark period, they join the rest of the high school students and are checked by GPA the same as other athletes. This is the only exception to the following eligibility procedures:

MHSA Student Athlete Check-off List for Athletic Clearance

Before you can practice in any athletic sport you must be cleared by the Athletic Director, Mr. Pitta. The following forms must be submitted, reviewed, and on file before you are cleared.

(Check off each one as you finish it)

1. _____ A Physical Examination card signed by your doctor on a (good for two school years, not calendar years)

2. _____ A Athletic Permit card signed by both you and your parent/guardian (one per year)

3. _____ A copy of your parent/guardians or your insurance card (one per year) Note: MPS has insurance available to purchase at a fair cost.

4. _____ An Emergency Contact card. **(Each sport needs a new card)**

5. _____ A \$25 non-refundable participation fee, cash or checks made payable to MHSA. (The fee is \$20 if paid before the first day of practice)

Each sport is a new fee.

6. _____ A signed copy of the MHSA Athletic Handbook. (One per year)
An electronic version will be available on the school website.

7. _____ A GPA of 2.0 with a maximum of one "U" on your report card for all 11th-12th graders.
(9th and 10th graders cannot have more than one "U")

Once you have these items you will be cleared and your coach will be notified of your eligibility status. Good luck with your sports participation.

If you have any questions you can reach me at:

414-303-3090 (cell)

pittajv@milwaukee.k12.wi.us (e-mail)

John Pitta, Athletic Director, Milwaukee High School of the Arts

Print Student Name

Student ID #

I certify that I have read, understand, and agree to abide by all of the information contained in the Milwaukee High School of the Arts Parent-Athlete Handbook, including any documents which appear in the Appendix. I further certify that if I have not understood any information contained in this handbook, I have sought and received an explanation of the information prior to signing this statement.

Signature of Student

Signature of Parent

Date

Date

This form must be completed and submitted to the Athletic Director prior to an athlete beginning his/her season.

PARENT-ATHLETE HANDBOOK
SIGN-OFF FORM

I certify that I have read, understand, and agree to abide by all of the information contained in the Milwaukee High School of the Arts Parent-Athlete Handbook, including any documents which appear in the Appendix. I further certify that if I have not understood any information contained in this handbook, I have sought and received an explanation of the information prior to signing this statement.

Signature of Coach

Date

**Received by Athletic Director
(Initial)**

Date

This form must be completed and submitted to the Athletic Director prior to an athlete beginning his/her season.

ATHLETICS

ELIGIBILITY RULES FOR MPS

Incoming 9th graders are allowed to compete during the first mark period without grade checking. At the end of the first mark period they join the rest of the high school students and are checked by GPA the same as the other athletes. This is the only exception to the following eligibility procedures:

2. These forms must be completed:
 - d. MPS Physical Examination card signed by a doctor. This form is good for 2 school years (if physical exam date is after April 1st).
 - e. Athletic Permit card signed by the athlete and parent. This form is good for 1 year. Health insurance name and policy number must be on this form for it to be valid.
 - f. Athletic Emergency Information card filled out and signed by a parent at the beginning of each season.
2. A \$20.00 athletic fee (check to MHSA) must be paid at the time forms are turned into the Athletic Director. All the items must be turned in together with the name of the sport written at the top of the permit card. Students will be assessed an additional late fee of \$5.00 if fee is not paid prior to the first day of the WIAA season. (Late fee will be waived for freshman athletes out for fall sports only)
3. To compete in interscholastic extracurricular activities, athletics or academics, third and fourth year students must maintain a minimum 2.0 grade point average in addition to other eligibility requirements. First and second year students must meet only WIAA eligibility requirements of having received no more than one failing grade in the previous mark period. At the discretion of the head coach an athlete may practice with the team while ineligible. This will only happen if the coach feels that the athlete will be able to comply at the next grade check. An athlete below the required eligibility standards may not compete.
4. Fifteen school days after the mark period eligibility date the athlete who did not meet the required standards on the report card may hand carry an athletic report sheet to each teacher for a progress grade. This sheet must be filled out in ink and returned to the Athletic Director. If the athlete meets the eligibility standards, the athlete becomes eligible to compete until the next eligibility date (the next report card).
5. Any student who is transferred for disciplinary reasons to another school must wait 90 school days before being eligible for athletic participation.

Forms may be obtained from the ATHLETIC DIRECTORS, COACHES, or during the summer on the counter in the main office. All forms should be completed and turned in to the Athletic Office before the start of the season. Forms and fee may be mailed to: (MHSA) c/o Athletic Director, Milwaukee High School of the Arts, Milwaukee, WI 53208.

PLEASE MAKE CHECKS PAYABLE TO: (MHSA)